

## Body Mass Index (BMI)\*

2011 Maine Pregnancy Risk Assessment Monitoring System Survey Results

		Underweight		Normal		Overweight		Obese	
Demographic Groups	Population	%	CI	%	CI	%	CI	%	CI
<b>Total</b>	<b>12,696</b>	<b>7.6</b>	<b>5.9 - 9.7</b>	<b>50.8</b>	<b>47.2 - 54.4</b>	<b>14.9</b>	<b>12.6 - 17.7</b>	<b>26.6</b>	<b>23.5 - 30.0</b>
<b>Age</b>									
<20 years	868	#	# - #	57.7	43.1 - 71.1	#	# - #	#	# - #
20-24 years	3,112	11.2	7.2 - 17.1	46.6	39.1 - 54.2	13.0	8.8 - 18.9	29.2	22.5 - 37.0
25-34 years	7,025	6.6	4.7 - 9.2	49.0	44.2 - 53.7	17.2	13.9 - 21.1	27.3	23.3 - 31.7
35+ years	1,691	#	# - #	62.1	52.8 - 70.7	12.3	7.5 - 19.6	22.9	0.0 - 31.8
<b>Mother's Race</b>									
White	11,943	7.5	5.8 - 9.7	50.3	46.7 - 54.0	15.2	12.7 - 18.0	27.0	23.8 - 30.4
Black	404	#	# - #	#	# - #	#	# - #	#	# - #
Other	330	#	# - #	64.4	43.1 - 81.2	#	# - #	#	# - #
<b>Hispanic Origin</b>									
No	12,474^	7.6	5.9 - 9.7	50.9	47.3 - 54.5	14.8	12.4 - 17.5	26.7	23.6 - 30.1
Yes	207^	#	# - #	#	# - #	#	# - #	#	# - #
<b>Education</b>									
< High School	1,304	#	# - #	40.6	27.7 - 55.0	#	# - #	#	# - #
High School	4,094	8.4	5.5 - 12.4	48.5	42.1 - 54.9	11.8	8.3 - 16.6	31.3	25.6 - 37.6
> High School	7,251	5.9	4.1 - 8.3	53.7	49.3 - 58.2	17.2	14.1 - 20.9	23.2	19.6 - 27.2
<b>Marital Status</b>									
Married	7,407	5.1	3.5 - 7.4	52.3	47.8 - 56.9	15.9	12.9 - 19.5	26.7	22.8 - 31.0
Not Married	5,289	11.4	8.2 - 15.5	48.6	42.8 - 54.4	13.5	10.0 - 18.0	26.5	21.6 - 32.1
<b>Income</b>									
\$14,999 or less	3,122**	9.8	6.2 - 15.1	42.7	35.6 - 50.1	12.8	8.6 - 18.6	34.7	27.9 - 42.2
\$15,000-24,999	1,540**	8.7	4.6 - 15.6	51.9	41.9 - 61.7	16.1	10.1 - 24.6	23.4	16.0 - 33.0
\$25,000-49,999	2,292**	#	# - #	51.6	43.7 - 59.4	15.0	10.1 - 21.8	29.0	22.4 - 36.6
\$50,000 or more	4,084**	5.6	3.4 - 8.9	55.2	49.3 - 61.0	16.1	12.2 - 20.8	23.2	18.6 - 28.5

Enrolled in WIC																	
No	6,960**	5.8	4.0	-	8.2	54.7	50.0	-	59.2	15.8	12.7	-	19.5	23.8	20.1	-	28.0
Yes	4,966**	10.3	7.4	-	14.3	45.8	40.2	-	51.6	14.0	10.5	-	18.4	29.9	24.9	-	35.4
Enrolled in MaineCare/Medicaid																	
No	5,455**	5.8	3.8	-	8.7	53.5	48.4	-	58.5	17.8	14.2	-	22.1	22.9	18.9	-	27.4
Yes	6,510**	9.1	6.7	-	12.3	48.6	43.5	-	53.6	12.5	9.5	-	16.2	29.9	25.4	-	34.8
Infant's birth weight																	
<2500 grams	855	18.4	15.6	-	21.6	43.1	39.4	-	46.8	13.8	11.5	-	16.5	24.8	21.7	-	28.1
2500 grams or more	11,831	6.9	5.2	-	9.2	51.3	47.5	-	55.1	15.0	12.5	-	17.9	26.8	23.5	-	30.3

NOTES: CI = 95% Confidence Interval

Population size for groups giving birth in Maine are taken from the Maine Vital Statistics System unless otherwise noted.

Unknowns are excluded from all tabulations.

*\*Recoded responses to Survey Question 5 and 6: Just before you got pregnant with your new baby, how much did you weigh?*

*How tall are you without shoes?*

\*\* Estimates of the population size for this group giving birth in Maine are made through PRAMS.

^ Estimate of Hispanic population giving birth in Maine is taken from the 2011 birth file.

# There were fewer than 10 survey respondents to this question. Data may be unreliable for describing this group, therefore percent is not reported.

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